Grocery List: One-pot Tuna and Broccoli Pasta

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| **Ingredient** | **Picture** |
| Milk |  |
| Water |  |
| Whole wheat rotini or fusilli |  |
| Broccoli florets |  |
| Ricotta cheese |  |
| Lemon zest |  |
| Lemon juice |  |
| Pepper |  |
| 2 Cans water-packed flaked tuna |  |